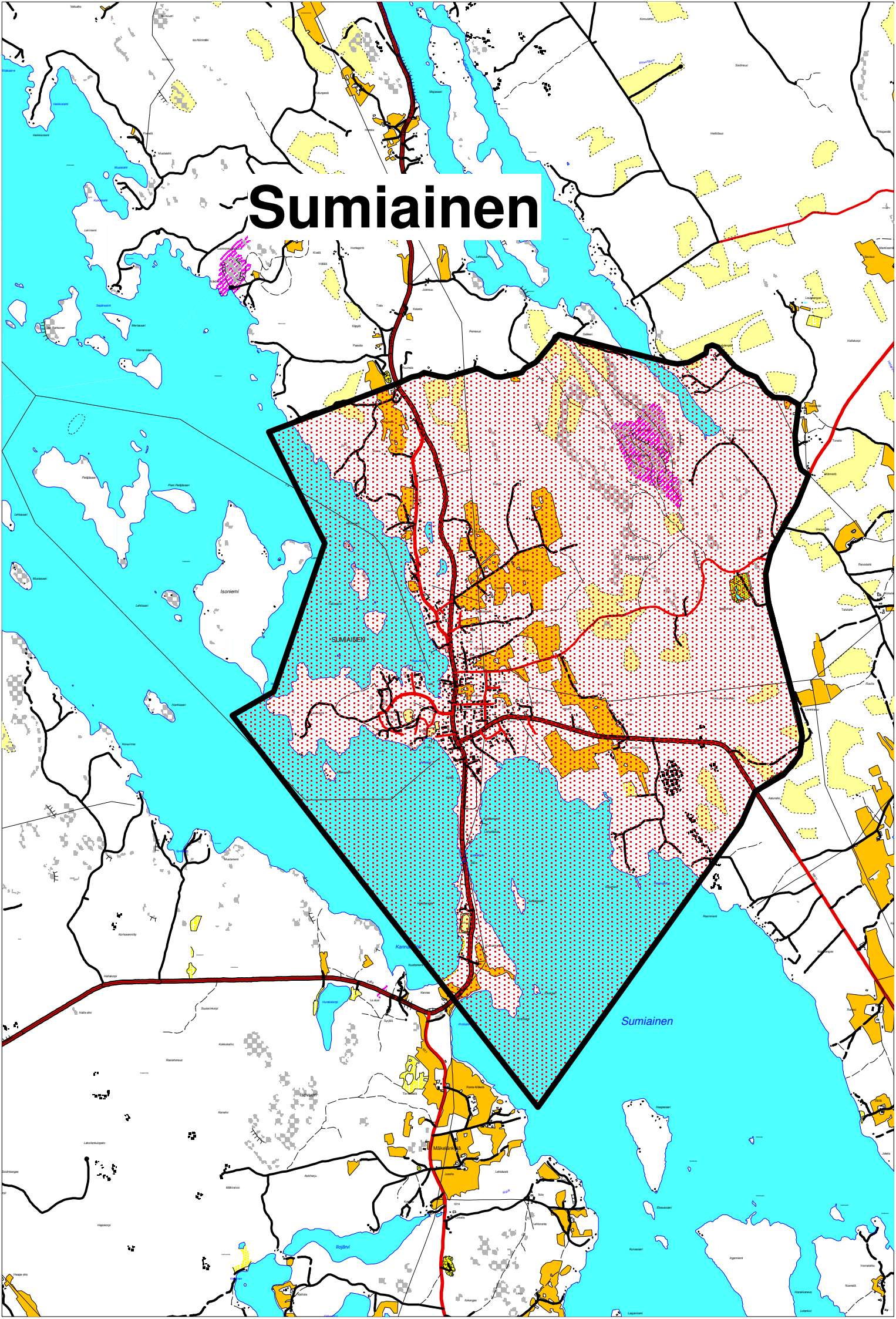Sumiainen